

# CENTER FOR INTIMACY HEALTH



INFORM

EDUCATE

RESTORE

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## CLIENT INFORMATION

Client Name: \_\_\_\_\_

Address: \_\_\_\_\_ | \_\_\_\_\_ city | \_\_\_\_\_ state | \_\_\_\_\_ zip

Phone: Home # \_\_\_\_\_ Work # \_\_\_\_\_ Cell # \_\_\_\_\_

Email Address: \_\_\_\_\_

Would it be okay to leave a message on your answering machine or voice mail to contact you about appointments?  Yes  No

Sex: Male  Female

Sexual Identity: Straight or Heterosexual  Lesbian, Gay or Homosexual  Bisexual   
Something else  Don't know

Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Race: \_\_\_\_\_ Ethnicity: Non-Hispanic  Hispanic

Preferred Language: \_\_\_\_\_

Referred by: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ Phone #: \_\_\_\_\_

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## TODAY'S VISIT

What is the reason for your visit today? \_\_\_\_\_  
\_\_\_\_\_

When did the problem(s) first occur: \_\_\_\_\_

Have you sought help with this problem(s) before? Where? When? \_\_\_\_\_

What are your top 3 complaints about your General Health and/or Sexual Health?

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

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**MEDICAL HISTORY FORM** (please check all that apply)

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Cancer              | <input type="checkbox"/> IBS                              | <input type="checkbox"/> Chlamydia                    |
| <input type="checkbox"/> Diabetes            | <input type="checkbox"/> Abnormal Pap Smear (Women only)  | <input type="checkbox"/> Gonorrhea                    |
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Thrombophlebitis                 | <input type="checkbox"/> Venereal Warts               |
| <input type="checkbox"/> High Cholesterol    | <input type="checkbox"/> Deep Vein Thrombosis (DVT)       | <input type="checkbox"/> Hepatitis                    |
| <input type="checkbox"/> Seizures            | <input type="checkbox"/> Frequent Urinary Tract Infection | <input type="checkbox"/> HIV/AIDS                     |
| <input type="checkbox"/> Blood Transfusion   | <input type="checkbox"/> Depression/Anxiety               | <input type="checkbox"/> Syphilis                     |
| <input type="checkbox"/> Heart Murmur        | <input type="checkbox"/> Gastric Reflux                   | <input type="checkbox"/> Sickle Cell Disease or Trait |
| <input type="checkbox"/> Heart Disease       | <input type="checkbox"/> Kidney Stones                    | <input type="checkbox"/> Arthritis                    |
| <input type="checkbox"/> Migraine            | <input type="checkbox"/> Thyroid Disease                  | <input type="checkbox"/> Other STD                    |
| <input type="checkbox"/> Asthma              | <input type="checkbox"/> Genital Herpes                   | <input type="checkbox"/> Other medical conditions?    |

\_\_\_\_\_

**ALLERGIES, MEDICATIONS, SUPPLEMENTS & SURGERIES**

| Allergy | Reaction Type |
|---------|---------------|
|         |               |
|         |               |

| Medication (Ex: Claritin) | Dose (Ex: 10mg) | Frequency (Ex: Twice a day) |
|---------------------------|-----------------|-----------------------------|
|                           |                 |                             |
|                           |                 |                             |
|                           |                 |                             |

| Year | Surgery Type |
|------|--------------|
|      |              |
|      |              |

List all Supplements: \_\_\_\_\_

\_\_\_\_\_

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## FAMILY HISTORY

Do you have a family history of any of the following conditions?

- Cancer  
If yes, what kind?    Breast    Ovarian    Colon    Prostate    Other
- Diabetes
- High Blood Pressure
- Heart Disease
- High Cholesterol
- Stroke
- Osteoporosis

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## SOCIAL HISTORY

Do you smoke?      If yes, how much? \_\_\_\_\_

Do you drink alcohol?      If yes, how much? \_\_\_\_\_

Do you work outside the home?      If yes, what type of work? \_\_\_\_\_

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## GYNECOLOGY HISTORY - WOMEN ONLY

Date of Last Pap Smear: \_\_\_\_\_

Date of Last Mammogram: \_\_\_\_\_

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## CHECKLIST FOR WOMEN

Name: \_\_\_\_\_

Date: \_\_\_\_\_

| Symptom (please mark)   | 0<br>Never               | 1<br>Mild                | 2<br>Moderate            | 3<br>Severe              |
|---|--------------------------|--------------------------|--------------------------|--------------------------|
| <b>Depressive Mood</b> (feeling down/sad/lack of drive)                 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Memory Loss</b> (forgetfulness)                                      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Mental Confusion</b> (feeling in a mental fog)                       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Decreased Sex Drive/Libido</b> (decreased desire for sex)            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Sleep Problems</b> (difficulty falling/staying asleep/wake up tired) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Mood Changes/Irritability</b>  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Tension</b>  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Migraine/Severe Headaches</b>  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Difficult to Climax Sexually</b>                                     | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Bloating</b>   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Weight Gain</b>  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Breast Tenderness</b>  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Vaginal Dryness</b>  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Hot Flashes</b>  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Night Sweats</b>   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Dry and Wrinkled Skin</b>  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Hair is Falling Out</b>  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Cold All the Time</b>  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Swelling All Over the Body</b>                                       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Joint Pain</b>   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Other symptoms that concern you: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## CHECKLIST FOR MEN

Name: \_\_\_\_\_

Date: \_\_\_\_\_

| Symptom (please mark)  | 0<br>Never               | 1<br>Mild                | 2<br>Moderate            | 3<br>Severe              |
|--|--------------------------|--------------------------|--------------------------|--------------------------|
| <b>Depressive Mood</b> (feeling down/sad/lack of drive)                        | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Memory Loss</b> (forgetfulness)   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Feeling Tired and/or Weak</b>   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Mental Confusion</b> (feeling in a mental fog)                              | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Mood Changes / Irritability</b>   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Loss of Interest in Sex / Libido</b>  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Sleep Problems</b> (difficulty falling asleep/staying asleep/wake up tired) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Snoring or Sleep Apnea</b>  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Having Trouble Getting an Erection</b>                                      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Having Pain With an Erection</b>  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Having Trouble Ejaculating</b>  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Feeling Stressed</b>  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Feeling Anxious</b> (worry, nervousness, uneasiness, fearful)               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Urinating Frequently</b>  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Pain with Urination</b>   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Blood In Urine</b>  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Other symptoms that concern you: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_